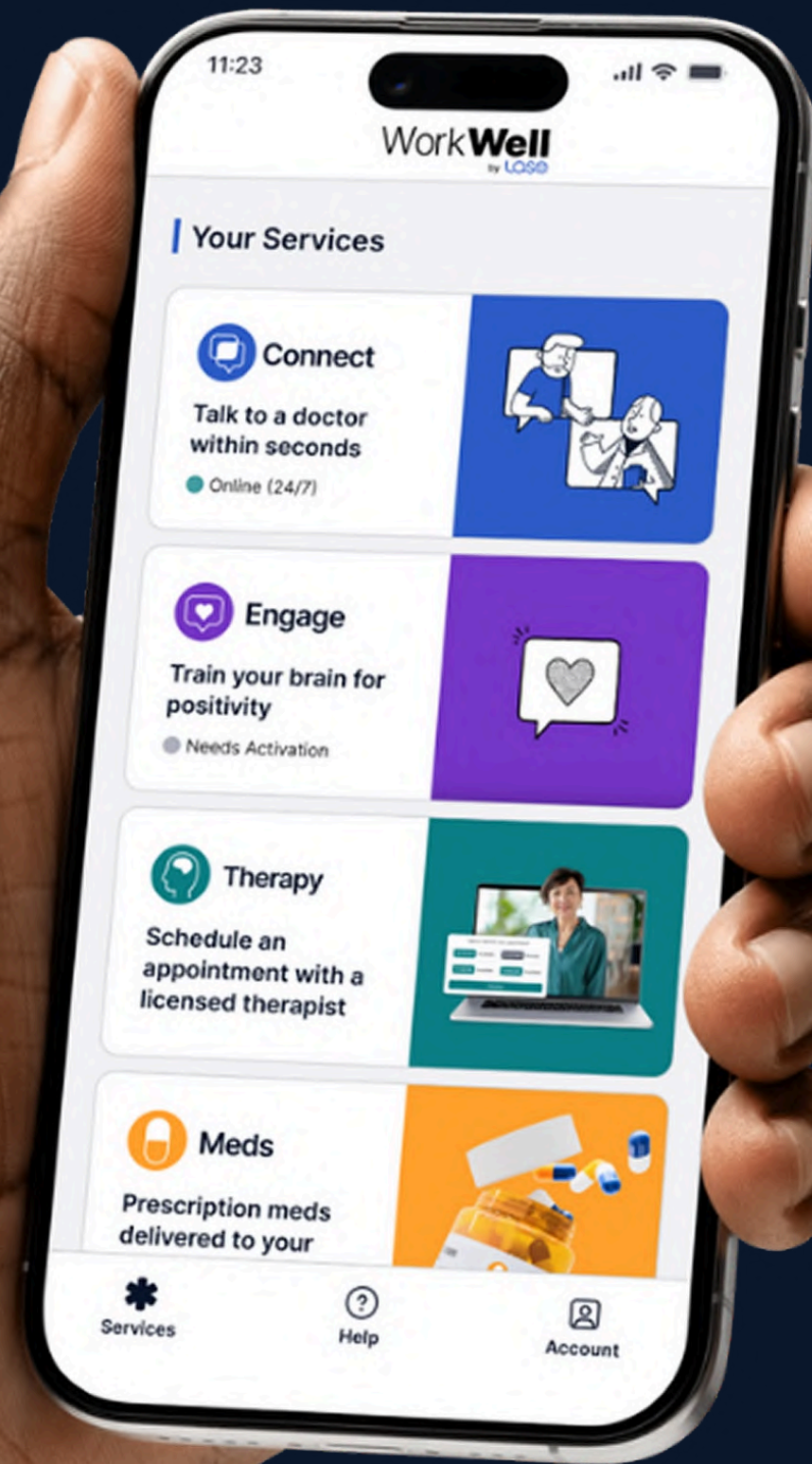
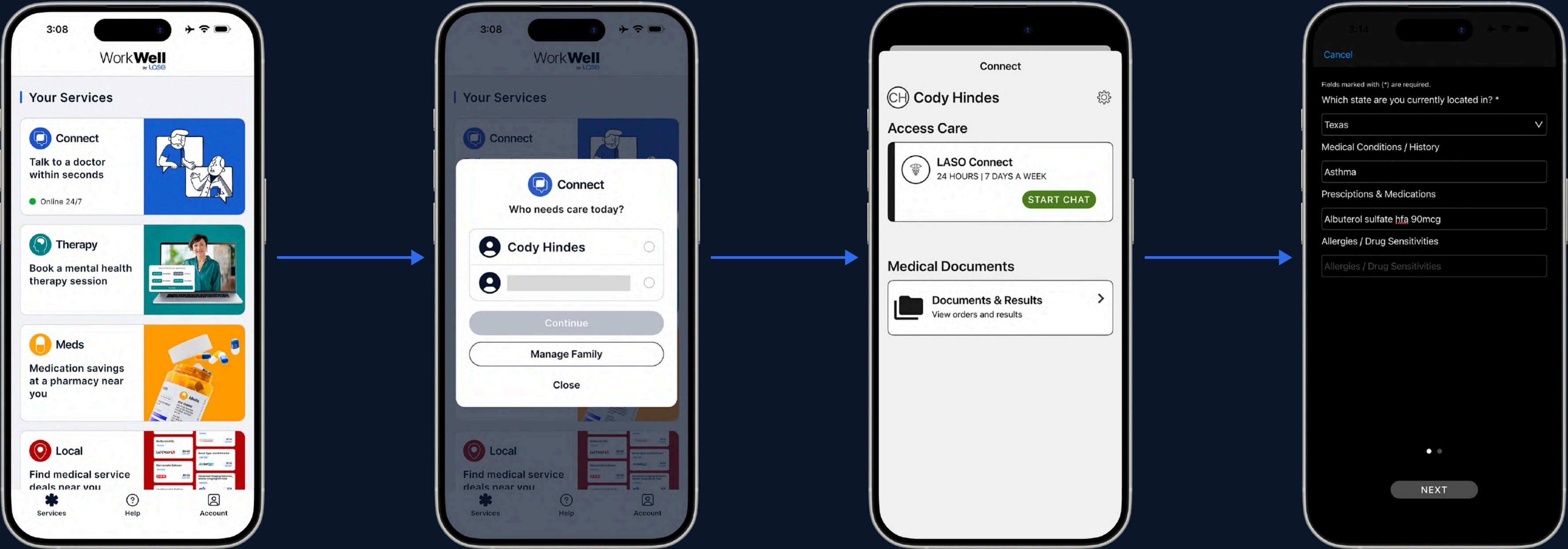




Mobile App Walkthrough

How to get care with your LASO membership.

LASO Connect: Start a Visit



1 Tap Connect
From Your Services, tap Connect to reach a doctor any time.

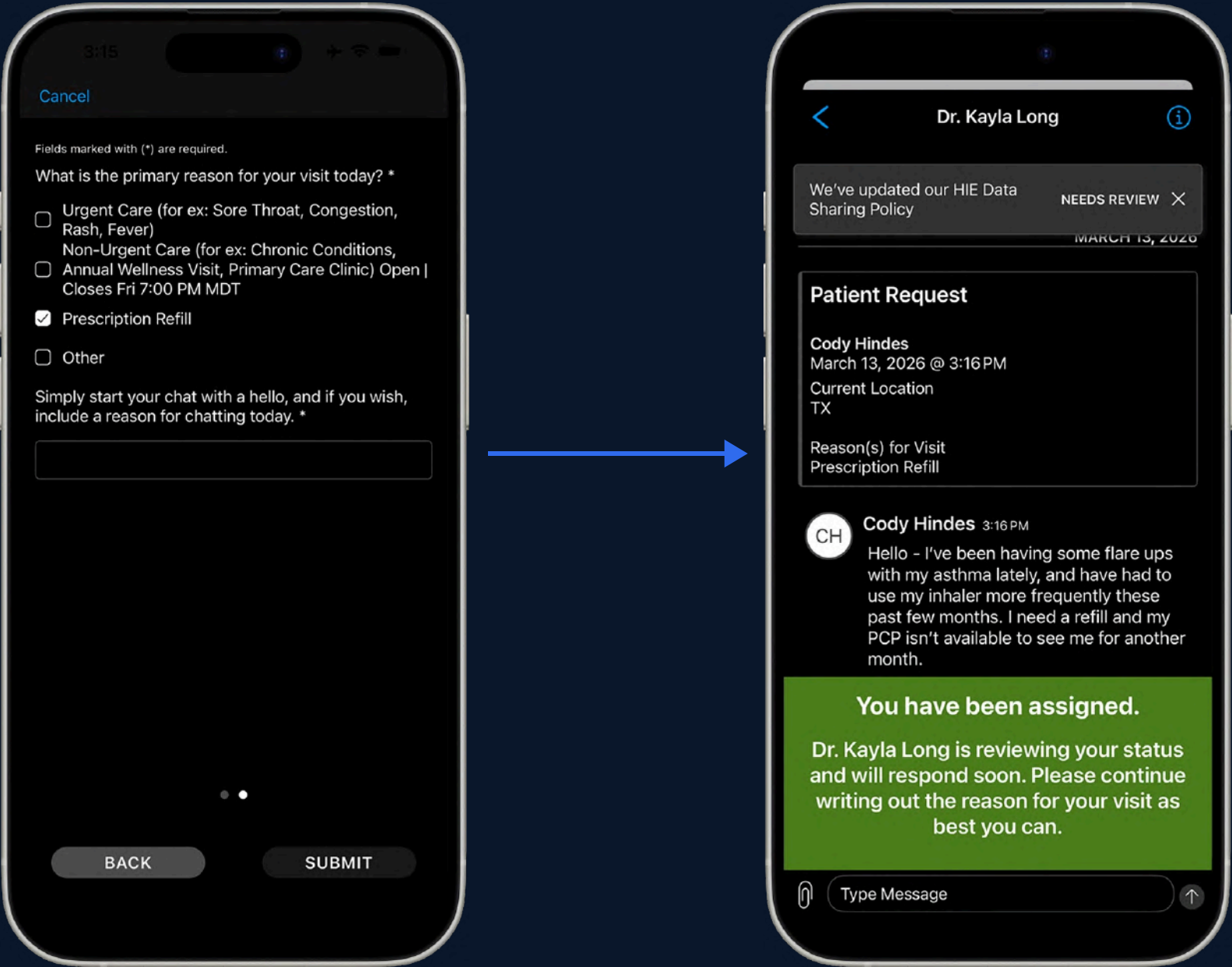
2 Choose who needs care
Select yourself or a family member, then tap Continue.

3 Tap Start Chat
LASO Connect is available 24 hours a day, 7 days a week.

4 Share health info
Enter your state, conditions, medications, and allergies.

Good to know. Adding family? Tap Manage Family on the Who needs care screen.

LASO Connect: Chat with a Doctor



5 Tell us why

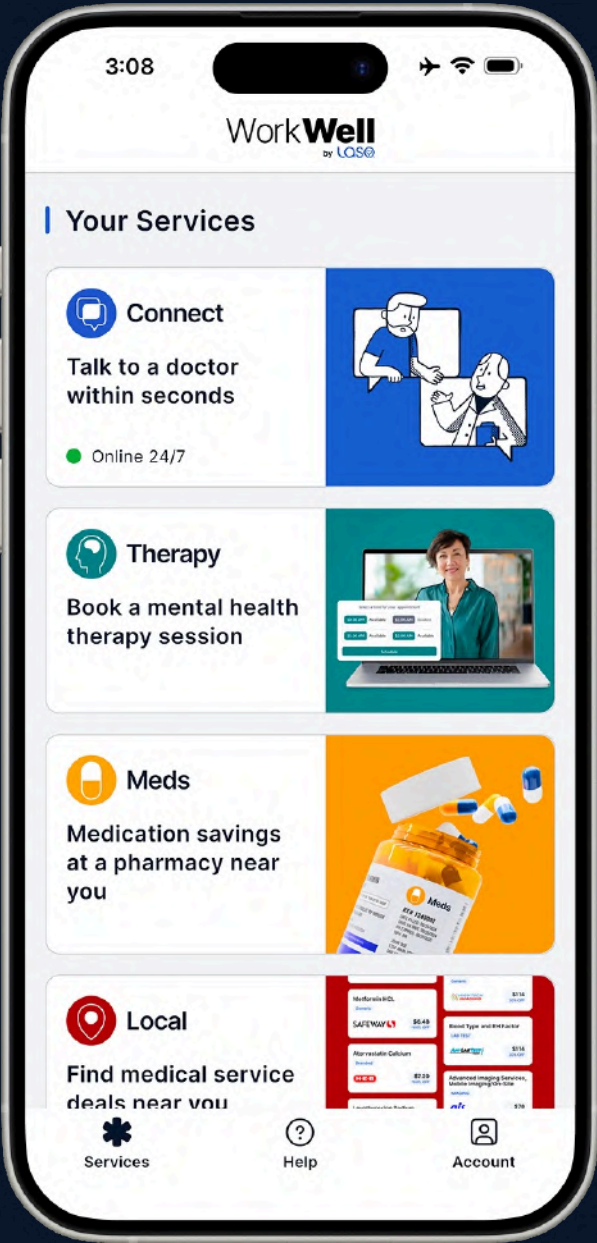
Pick a reason, say hello in the chat box, then tap Submit.

6 Get matched

A licensed doctor reviews your request and joins the chat.

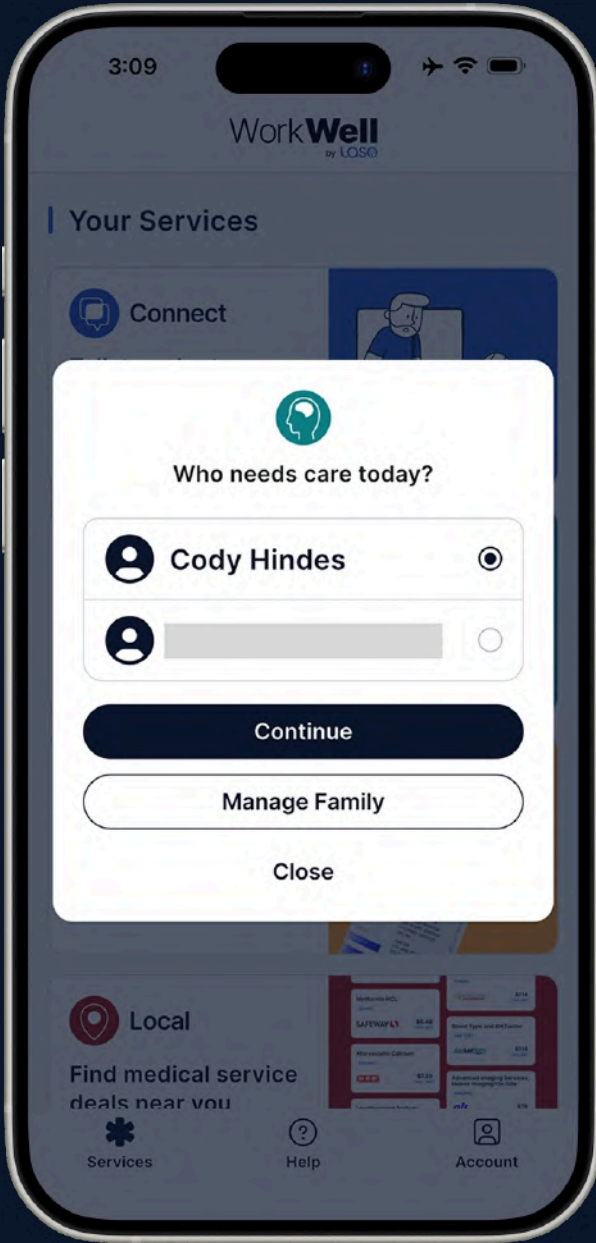
Tip. Your chat history, orders, and results are saved under Documents and Results.

LASO Therapy: Book a Session



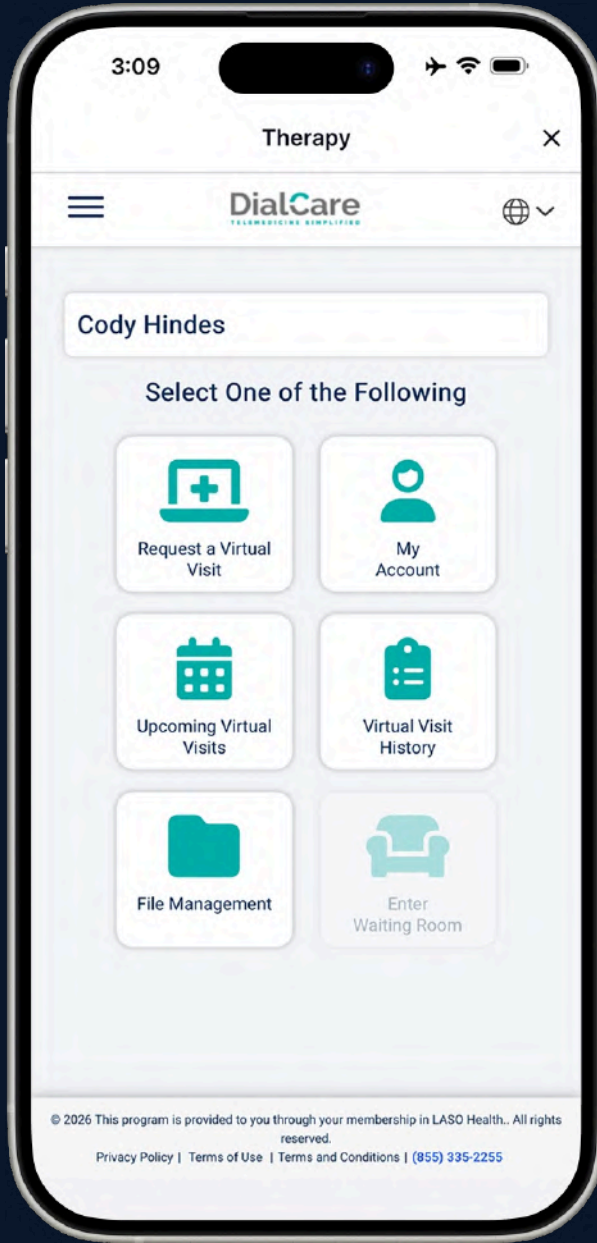
1 Tap Therapy

From Your Services, tap Therapy.



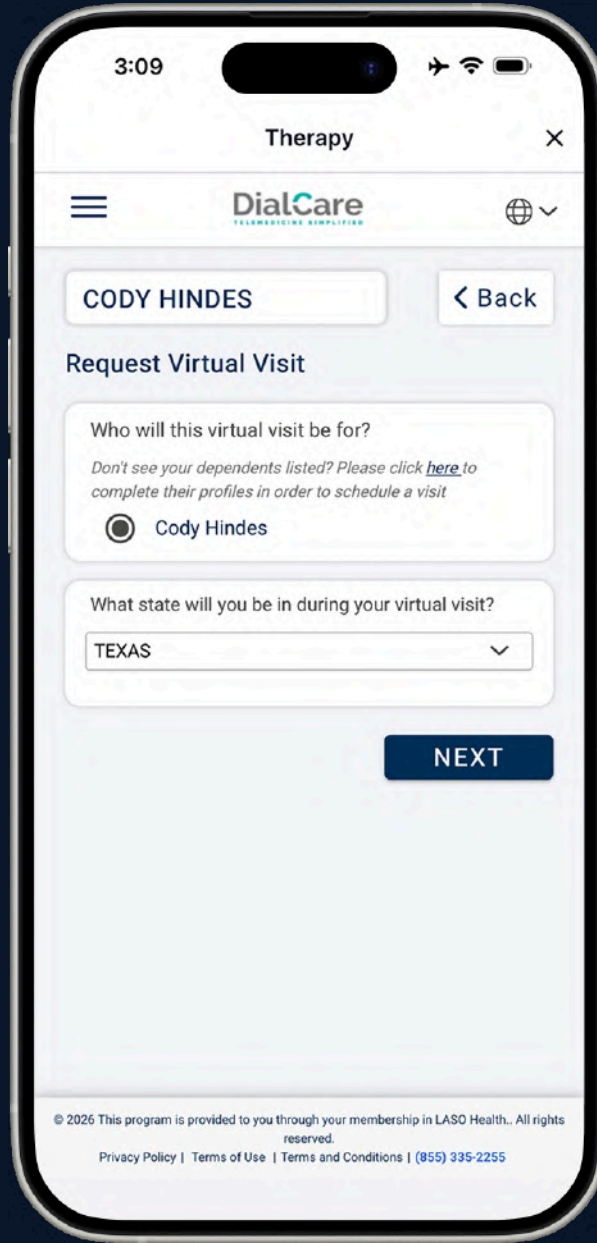
2 Choose who needs care

Select the person the session is for, then tap Continue.



3 Request a visit

This menu also shows upcoming visits and visit history.

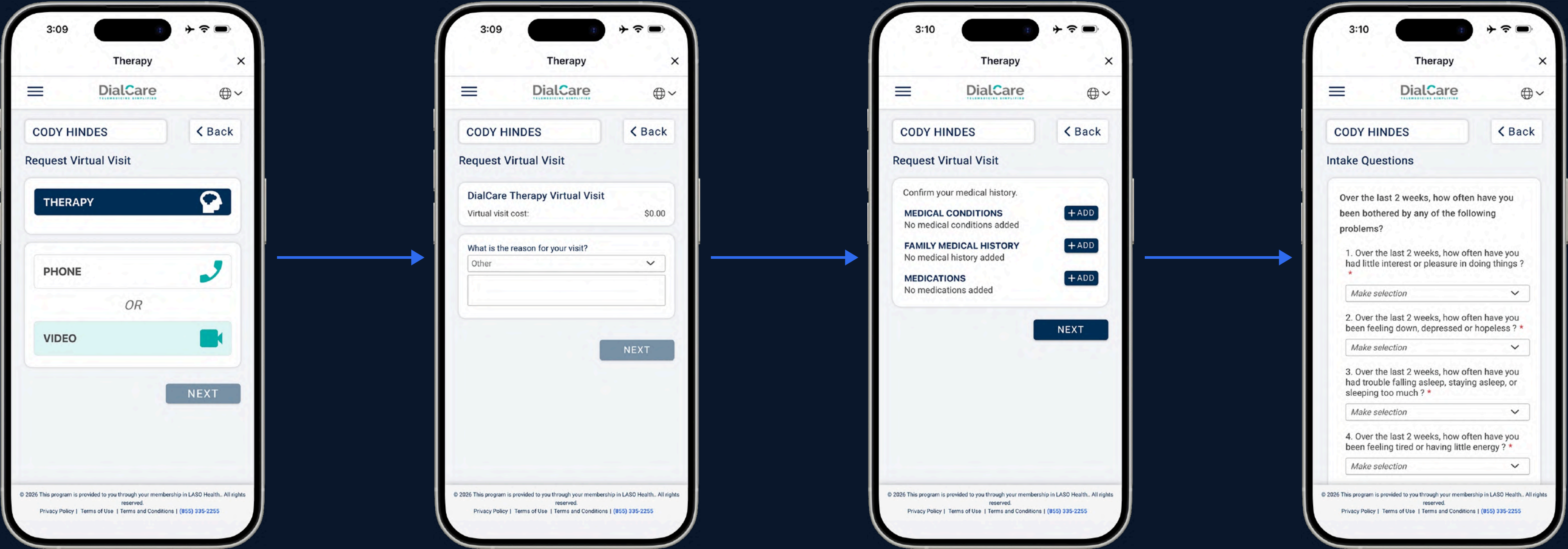


4 Confirm state

Choose the state you will be in during the visit.

Good to know. Family members need their own profile before you can book a visit for them.

LASO Therapy: Tell Us About You



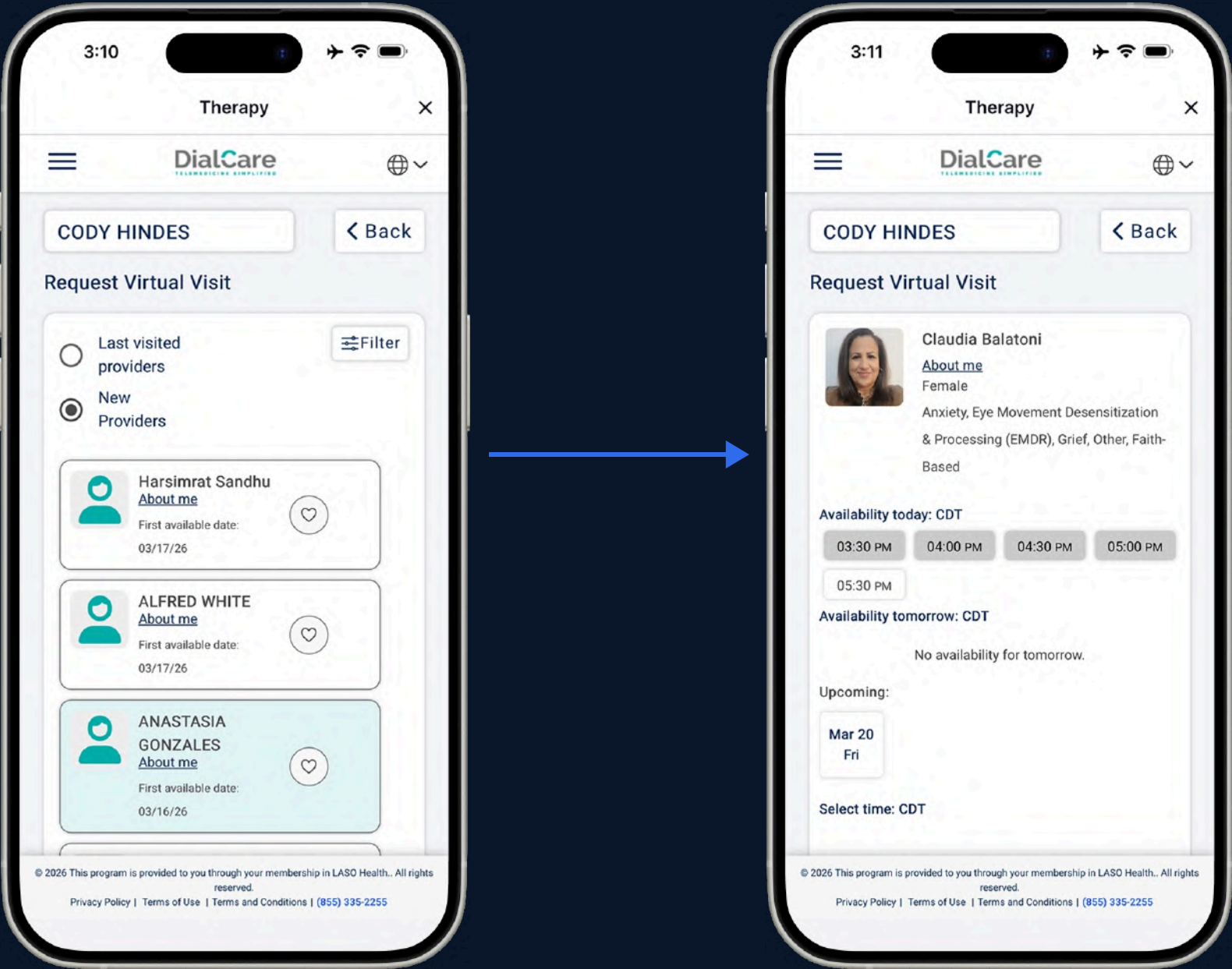
5 Phone or video
Select Therapy, then choose how you want to meet.

6 Add a reason
Share a few words about what you would like help with.

7 Confirm your history
Add any conditions, family history, or medications.

8 Answer questions
Short wellbeing questions help your therapist prepare.

LASO Therapy: Pick Your Therapist



9 Browse therapists

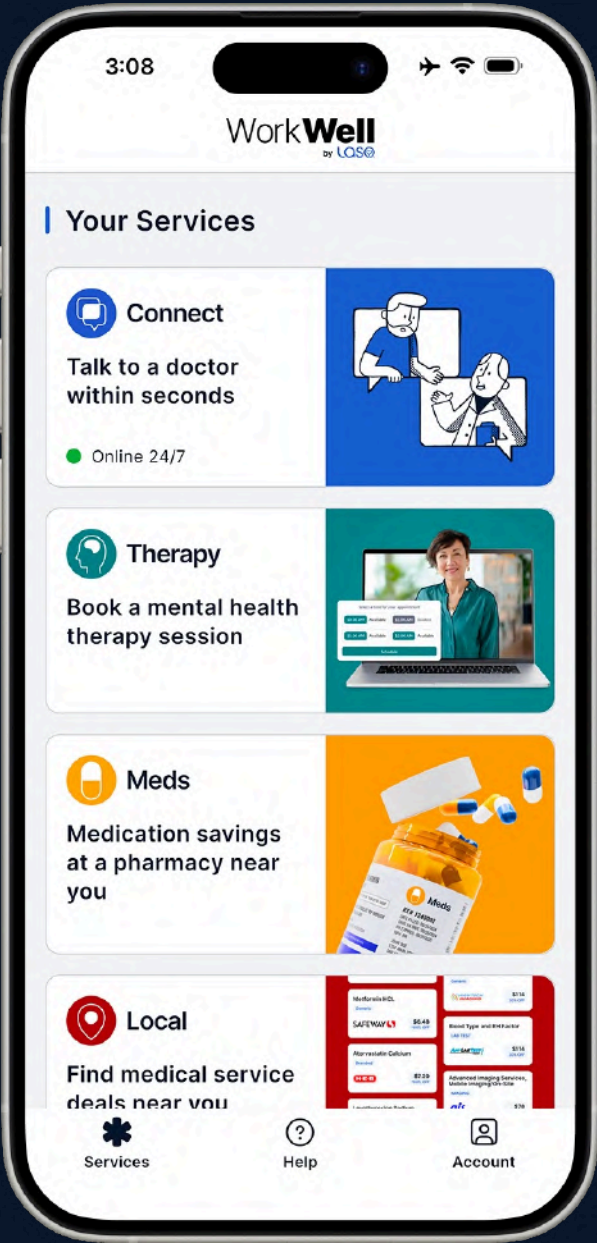
Filter by specialty, or choose someone you have seen before.

10 Pick a time

Select an open time slot to confirm your session.

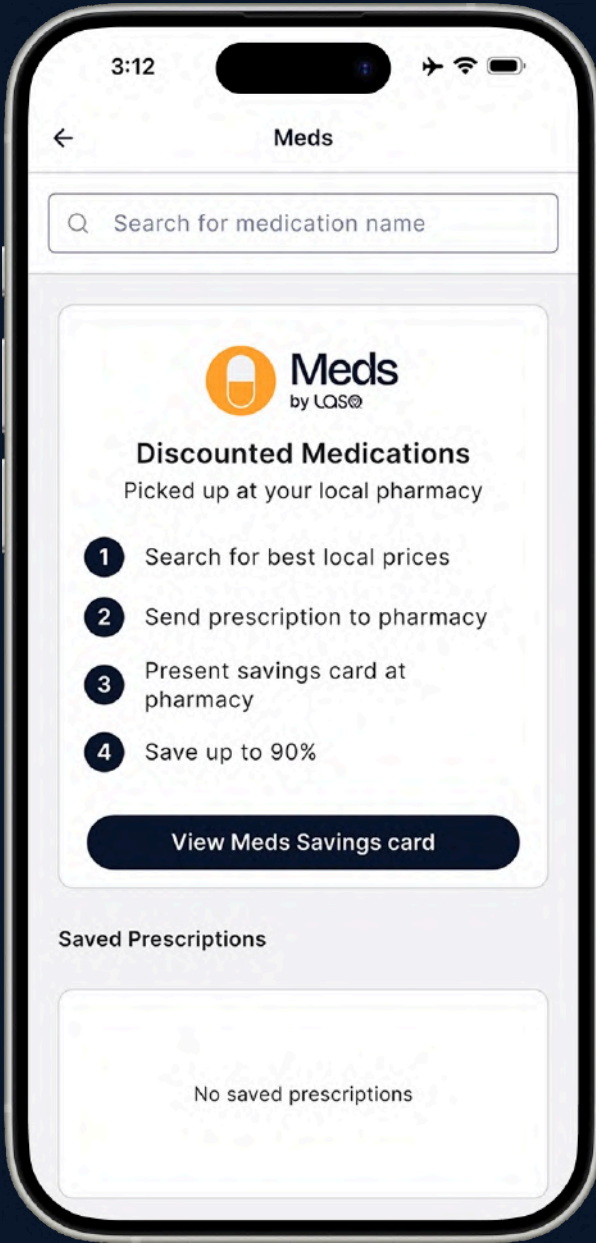
Tip. Therapists are licensed by state, so always enter the state you will be in.

LASO Meds: Find Your Savings



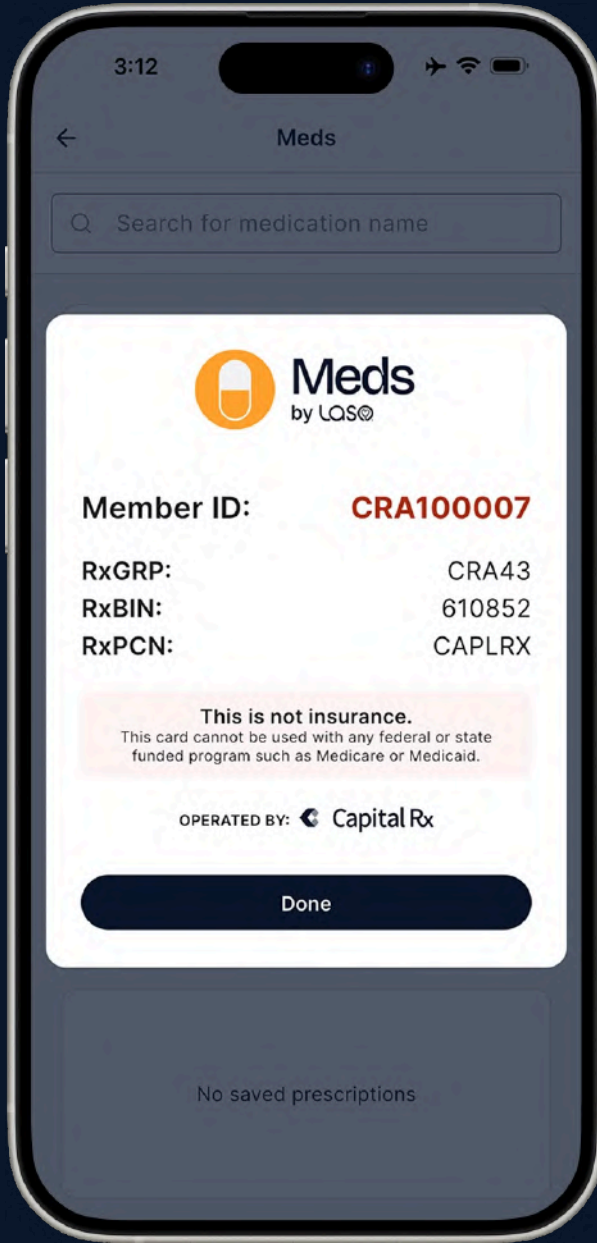
1 Tap Meds

From Your Services, tap Meds to open your pharmacy savings.



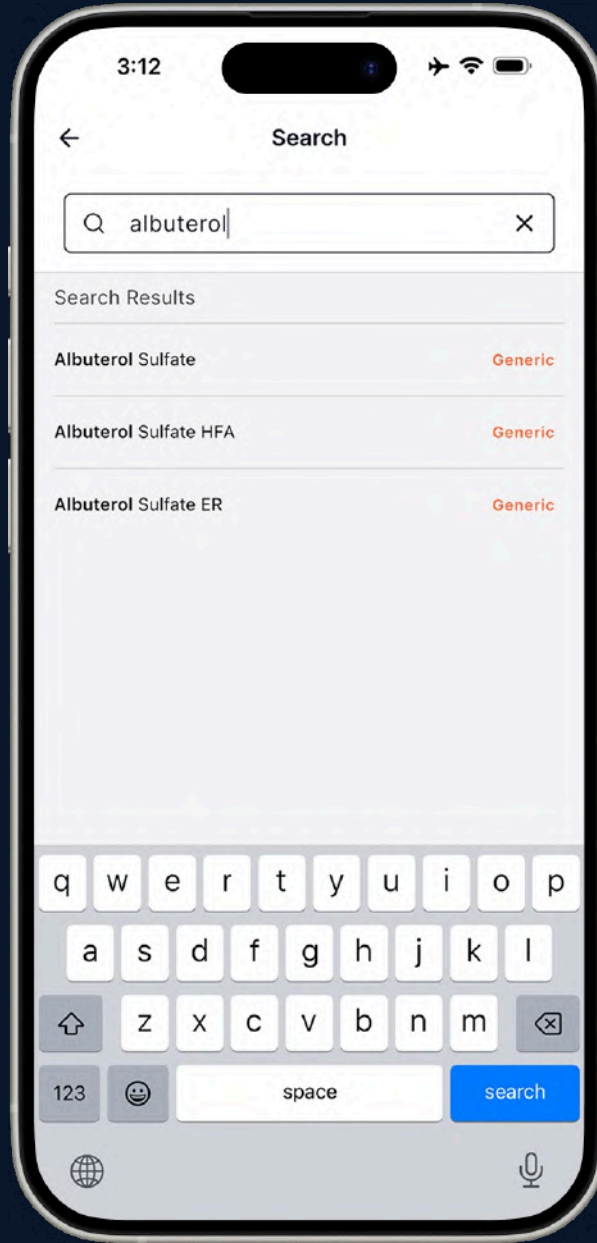
2 Open your savings

The Meds home shows the medications you can save on.



3 Savings card

Show this card at the pharmacy counter when you pick up.

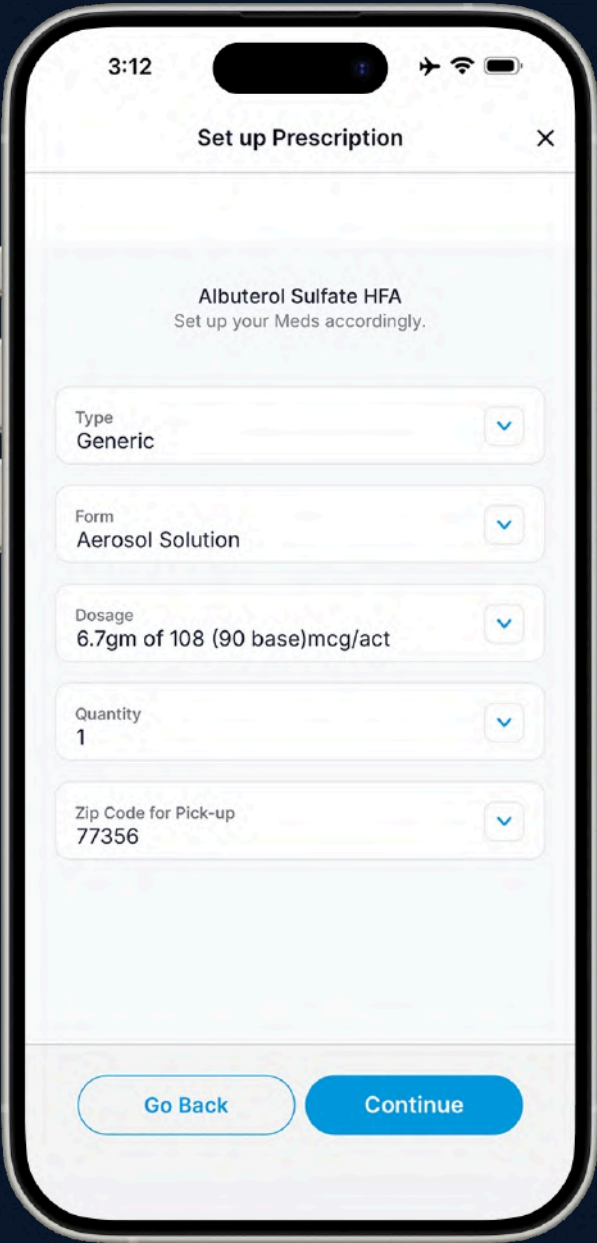


4 Search medication

Type the name and select the correct match.

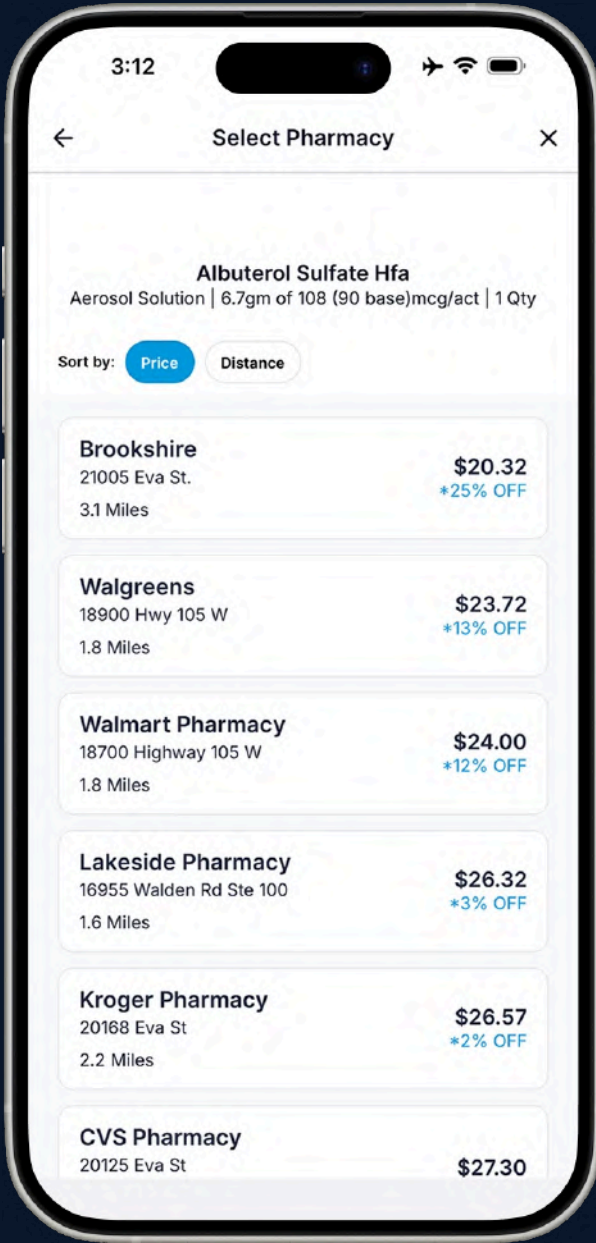
Good to know. This savings card is not insurance and cannot be used with Medicare or Medicaid.

LASO Meds: Compare Pharmacies



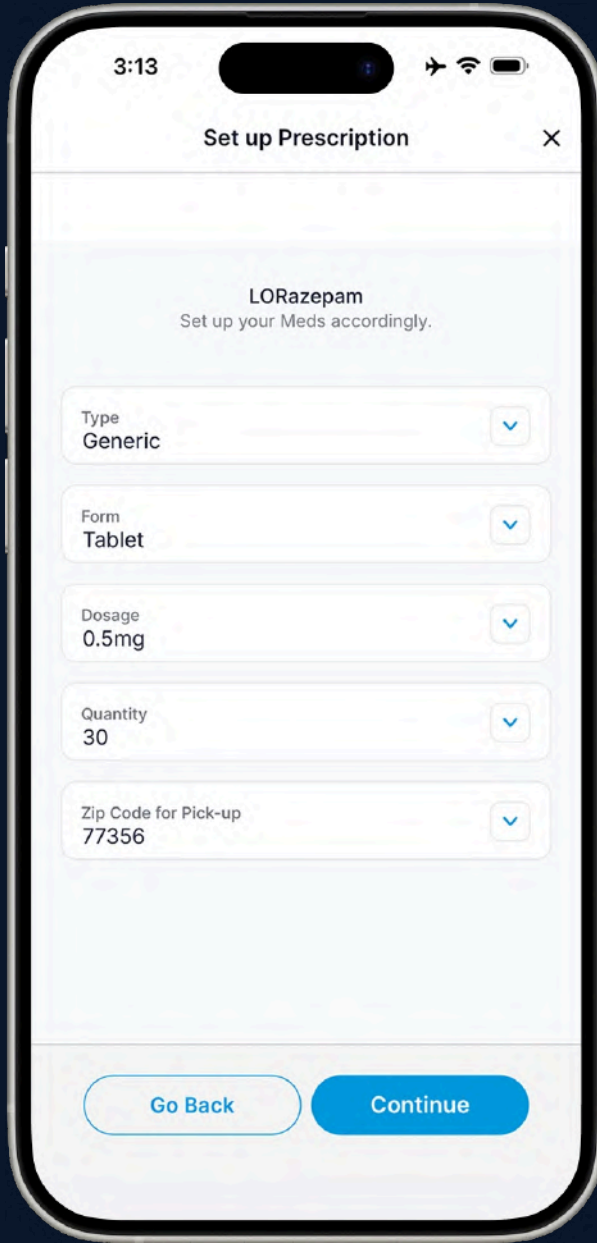
5 Set up prescription

Match the dosage and quantity on your prescription, add your zip.



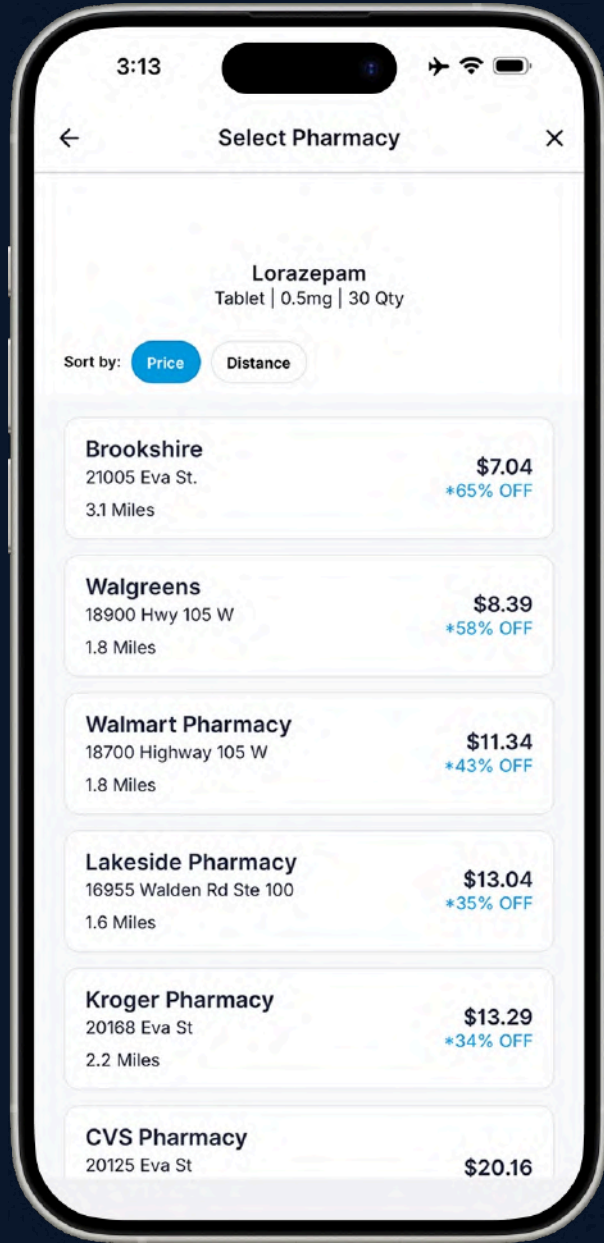
6 Compare pharmacies

Sort by cost or distance to find a good option near you.



7 Try another medication

Repeat the same steps for each prescription you fill.



8 Pick up and save

Ask your doctor to send the prescription there, then show your savings card.

Tip. Costs can vary a lot between nearby pharmacies, so compare before you go.